

PART TIME COURSES

FOR ADULTS IN NEWHAM

ENROLLING FROM 13 DECEMBER 2021



UPCOMING COURSES

COURSE TITLE	DAY(S)	TIME(S)	WEEKS	VENUE	FEE
FGLZ = Forest Gate Learning Zone BGB = Beckton Globe NWLZ = North Woolwich Learning Zone GLC = Gainsborough Learning Centre PPC = Priory Park Centre					
VARIOUS CENTRES: ALDD COURSES FOR ADULTS WITH LEARNING DIFFICULTIES AND/OR DISABILITIES					
ALDD Improve with Drama	Fri	pm	10	FGLZ	£100
ALDD Music and movement	Wed	pm	10	FGLZ	£100
ALDD Paper Modelling: Make Your Own Flowers And Cards	Thu	am	10	FGLZ	£100
ALDD Essential Digital Skills	Fri	am	10	FGLZ	FREE
ALDD Essential Digital Skills	Fri	pm	10	FGLZ	FREE
ALDD Health Wellbeing & Mindfulness (Yoga): Postures To Strengthen Upper Body	Mon	am	10	FGLZ	£100
ALDD Art & Sculpture with Clay: Your Feelings	Thu	pm	10	FGLZ	£100
ALDD Art for Wellbeing: Your Feelings	Mon	am	10	FGLZ	£100
ALDD Create a Musical: Put It Together	Wed	am	10	FGLZ	£100
ALDD Creative Therapies: Acrylic Painting (Art & Craft) Landscapes	Mon	pm	10	FGLZ	£100
ALDD English & Communication	Fri	am	5	FGLZ	FREE
ALDD Money Managing Through Maths	Fri	pm	5	FGLZ	FREE
ALDD English & Communication	Fri	am	10	FGLZ	FREE
ALDD De-stress Yourself Massage	Thu	am	10	BG	£100
ALDD Manicure and Nail Art Studio	Thu	pm	10	BG	£100
ALDD Hairdressing - Beginners	Mon	pm	10	BG	£100
ALDD Yoga for Health and Well-being	Fri	am	12	NWLZ	£100
ALDD Sensory Music	Thu	am	10	NWLZ	£100
ALDD Cake Decorating for Valentine's Day	Wed	am	5	GLC	£50
ALDD Cooking - Healthy Eating: Soups	Tue	am	5	GLC	£50
ALDD Cake Decorating for Easter	Wed	am	5	GLC	£50
ALDD Cooking - Healthy Eating: Smoothies & More	Tue	am	5	GLC	£50
ALDD Fitness through Dance	Mon	am	10	GLC	£100
PRIORY PARK CENTRE (PPC) 020 3373 4040					
Understanding Community Interpreting Level 1	Fri	am	10	PPC	£345
FOREST GATE LEARNING ZONE (FGLZ) 020 3373 4040					
Mandarin	Sat	am	10	FGLZ	£100
Spanish	Sat	pm	10	FGLZ	£100
Supporting Teaching and Learning - Level 2	Tues & Thurs	eve	24	FGLZ	£747
Health and Social Care Children and Young People - Level 1	Fri	am	24	FGLZ	£316

African Fashions	Mon	am	10	FGLZ	£50
Eastern Fashions	Mon	pm	10	FGLZ	£100
Fine Art	Sat	am	10	FGLZ	£100
Garment Construction: Make Spring Clothing	Mon	eve	10	FGLZ	£50
Garment Construction: Work with Samples	Wed	pm	10	FGLZ	£50
Garments: Made to Measure	Wed	am	10	FGLZ	£50
General Garment Making	Tue	pm	10	FGLZ	£100
Machine Sewing Skills	Tue	am	10	FGLZ	£100
Make a Silver Bracelet	Fri	am	10	FGLZ	£100
Make a Silver Chain	Fri	pm	10	FGLZ	£100
Mosaics	Wed	am	10	FGLZ	£150
Silk Painting	Tue	am	10	FGLZ	£100
Line Dancing	Tue	pm	10	FGLZ	£100

BECKTON GLOBE (BGB) 020 3373 4040

Preparing to Work in a School - Level 1	Wed	pm	5	BGB	£272
Bookkeeping	Mon	eve	10	BGB	£210
Introduction to ADHD/Tourettes - Beginners	Fri	am	1	BGB	£15
Autism Awareness - Beginners	Fri	am	1	BGB	£15
Safeguarding & Prevent - Level 2	Mon	eve	24	BGB	£296
Preparing to Work in a School - CACHE Level 1	Wed	pm	18	BGB	£272
Advanced Practitioner in Special Educational Needs - CACHE Level 4	Mon	eve	24	BGB	£672
Eyelash & Eyebrow Grooming - Mixed	Tue	am	10	BGB	£100
Hair Removal Methods - Mixed	Tue	pm	10	BGB	£100
Bridal Make-up Techniques - Mixed	Wed	am	10	BGB	£100
Facial Massage & Skin Care - Mixed	Wed	pm	10	BGB	£100
Bridal Hair Styles - Mixed	Mon	pm/eve	10	BGB	£100
Trendy Cutting Techniques - Mixed	Mon	am	10	BGB	£100
Plaiting & Braiding - Mixed	Fri	am	10	BGB	£100
Create a Special Occasion Cake - Mixed	Fri	pm	10	BGB	£100

GAINSBOROUGH LEARNING CENTRE (GLC) 020 3373 4040

Pastry Making: Quiches, Tarts and Pies	Mon	am	5	GLC	£50
Cake Decorating	Mon	pm	5	GLC	£50
Sweets and Treats for Valentines	Mon	eve	5	GLC	£50
Cake Decorating: Special Occasion Cake	Thu	pm	8	GLC	£100
Sugar Flowers	Tue	am	4	GLC	£50
Sugar Flowers	Wed	eve	5	GLC	£50
Cake Baking: Sponges, Red Velvet etc.	Wed	eve	4	GLC	£50
Caribbean Cookery	Tue	pm	4	GLC	£50
Cake Baking: Sponges, Red Velvet etc.	Tue	eve	4	GLC	£50
Cake Decorating: Sugar Modelling	Thu	am	5	GLC	£50
Cake Decorating: Royal Icing Techniques	Wed	pm	5	GLC	£50

ENROLMENT OPENS ON MONDAY 13TH DECEMBER 2021

Our Newham Learning and Skills Open for Business!

At ONLS we take your safety in these difficult times very seriously and have a range of precautions in place for your health and safety including lateral flow tests, hand sanitisers and face masks.

FREE IT and Digital Skills*

Do you want to brush up your digital skills and make the most of your smartphone, tablet or laptop? Learn the skills to access a whole new range of things including shopping, paying bills, learning online and so much more.

Whether you are a complete beginner or want to improve your IT and digital skills, we have the course for you. Most of our IT and digital skills courses are delivered online so you can learn from the comfort of your own home!

Check out the IT and Digital Skills page on our website: www.ournewhamls.co.uk or contact our IT and Digital Skills Curriculum Lead, Farhad Esfandiari on farhad.esfandiari@newham.gov.uk

*up to and including level 1

Free laptop loan to support you in your studies!*

We have a device loan scheme for learners living in Newham to support you while on your course, doing homework or independent study. Look out for more information in our centres on how to apply. It's free!

*terms and conditions apply

SUPPORTED BY

MAYOR OF LONDON

www.OurNewhamLS.co.uk

Community Learning

We have a wide range of community learning and leisure courses available to suit all tastes including:

- Cooking, baking and cake decorating
- Arts and crafts
- Fashion
- Music and dance
- Yoga
- And much more

To have a look go to our website, decide what takes your fancy and enrol!

FREE English, Maths and ESOL courses

We offer part time courses in English, maths and ESOL in all of our centres and in community venues across Newham. We have daytime, afternoon and evening provision. We offer courses for absolute beginners through to Level 2.

All our courses are FREE!

- To enrol on these courses you need to take an assessment at one of our centres or online (for English and maths).
- Once you have been assessed, we will offer you a place on the right course for you.
- For more information, look at our website: www.ournewhamls.co.uk or contact:

English & Maths:
matthew.herman@newham.gov.uk

ESOL:
Srabantika.dasgupta@newham.gov.uk